



What PSHE looks like at Roxton CE Academy

Intent

What we are aiming for in PSHE:

PSHE at Roxton CE Academy aims for children to gain the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. PSHE, along with our School Values, will play an important part in achieving our main curriculum intent which is to provide children with firm foundations to withstand the storms of life giving them confidence and resilience to flourish throughout the next steps of their lives.

Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

Implementation

What PSHE looks like in our school:

Early Years

In the Foundation Stage, PSHE and citizenship is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals.

Key Stage 1 and 2

PSHE at Roxton Academy follows the PSHE Association Thematic Model. This model covers the statutory content for Relationships Education, RSE and Health education within the PSHE programme of study. Three key themes are visited every year forming a spiral curriculum where concepts are revisited at an age appropriate level within our two year rolling programme.

The three themes each year are: Friendships; Living in the Wider World and Health and Wellbeing. These themes include the following:

Friendships	Living in the Wider World	Health and Wellbeing
Families and Friendships	Belonging to a community	Physical health and mental well being
Safe Relationships	Media literacy and digital resilience	Growing and changing
Respecting ourselves and others	Money and work	Keeping safe

(Please see our PSHE overview for a more detailed look at our scheme of work.)

Children will access weekly discrete PSHE lessons, with teachers drawing from a variety of resources including the quality assured - Growing up with Yasmine and Tom online resources.

	Weekly lessons are creative in approach, involve lots of discussion and enable the children to reflect on their own personal response. Teachers seek to promote a safe atmosphere, where children are able share their own personal experiences and are not embarrassed to do so. Wider Curriculum In addition to PSHE lessons, children at Roxton will also experience special weeks or days in school designed to build resilience, wellbeing, team building and confidence. These may include: STEM week - involving lots of team building and resilience tasks; Adventure week - involving outdoor adventure activities, team building and perseverance; Wellbeing week - checking in with our mental health. Our School Values: Aspire & Persevere; Responsibility; Community; Love & Friendship; Respect and Believe - In yourself, in others, in God, play an important part in supporting our PSHE curriculum and are embedded across the curriculum. Assemblies are linked to our School Values and therefore support the teaching of PSHE, British Values and SMSC. Children are challenged to demonstrate our values around school, which is rewarded by weekly certificates and termly values awards.
Impact	What the results will be: By the time our children leave our school they will: • be able to approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life • be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society • appreciate difference and diversity • recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty • be able to understand and manage their emotions • be able to look after their mental health and well-being • be able to develop positive, healthy relationships with their peers both now and in the future. • understand the physical aspects involved in RSE at an age appropriate level • have respect for themselves and others. • have a positive self esteem