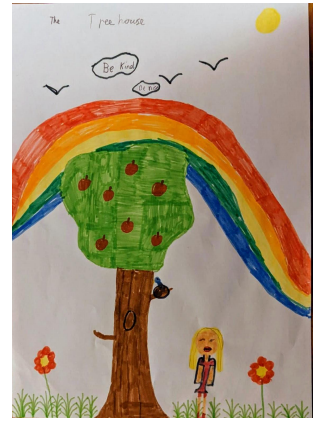




Snacks and Meal procedure for Wrap Around Care at Roxton C of E Academy.

Purpose:

This procedure sets out the plan and process regarding food and drink for children accessing the Wrap Around Care service at Roxton C of E Academy.

Meals:

All children who access any session at the Wrap Around Care service at Roxton C of E Academy will be offered the opportunity of a meal or snack depending on what session they attend. Drinking water and milk will be available throughout each session for every child.

. A rotation of food options will be made along with constant favourites remaining to ensure all children are provided with a variety of foods but ones they enjoy.

At present, we will not be offering a full meal at the After School club. This will be reviewed depending on requests and needs. A light snack will be offered immediately as they arrive after school and a larger snack will be offered later in the session if they are staying until the close of the session.

All food offered will be low in artificial or added sugar. All plans will ensure balance is provided with regards the food groups applicable to children with de care and attention given to nutritional needs.

All dietary requirements whether due to allergies, intolerances or cultural choices will catered for and parents/carers are encouraged to keep the Wrap Around Care leader up to date with regards to any changes in need and any personal preferences.

All food that is consumed by children at the Wrap Around Care sessions will be provided inclusive of the sessions cost. It will be provided, stored and prepared by the staff following the strict Food Agency standards required. All members of the Wrap Around Care team have food hygiene certificates and these are reviewed regularly.

Meal Routine:*Breakfast.*

At Breakfast Club, from 7:30 to 8:00 there will be a choice of cereals, toast and fruit available for each child. The children will be encouraged to participate in the preparation of their breakfast and all children and adults will sit together to eat.

If a child or children have a particular request, it will be reviewed to see whether we can include it in the menu. For example, marmalade or a particular type of bread.

If a child does not require breakfast, they will be provided with activities and included in the session along with their peers.

Light snack:

As soon as the children enter the After school club session they will be offered a light snack and drink to start with. Inline with the Department for Education Health schools charter, this will be a Bear Yoyo snack or fruit and water or milk.

Larger snack:

For children staying to the end of the full session, a larger snack will be offered around 4:45. Examples of this toast with a choice of toppings or fruit.

Allergies and food hygiene.

Allergies, intolerances and cultural preferences.

For any child who has an allergy, intolerance or cultural preference leading to specific foods to be avoided or substituted. These children will be offered food as close to similar to their peer's choices as possible to ensure they do not feel overly excluded. Their food however may be prepared prior to the session to ensure cross contamination risk is limited.

All food consumed will be logged and what each child has eaten will be recorded to ensure complete documentation is available should a child suffer an allergic reaction or become ill following eating food at the Wrap Around Care session.

Where a child has an allergy which could lead to an emergency reaction including anaphylaxis, this food type will not be offered to any child in the session whilst that child is present.

A log of any child who has an additional dietary need will be made along side a picture of them to ensure all staff involved are alerted to their needs. This will be kept in a confidential but prominent place in the Wrap Around Care classroom and reviewed regularly.

All menus will be devised with constant consideration of every child's individual needs and reviewed regularly to ensure all children are able to access the same food as much as possible.

Food hygiene

Each member of staff who is involved in food preparation and serving has food hygiene training and this is reviewed regularly.

Food will be stored and prepared according to its specific needs. Food preparation areas will be cleaned with an anti-bacterial spray and clean cloth before and after each use. All left over food will be disposed of appropriately.

A log of all food purchased and used will be kept to ensure complete documentation is available should it be required.

All items used for food preparation and serving will be cleaned thoroughly following use and stored in an area away from the day to day activities.

All children and staff will clean their hands before and after eating. Children will be supported to do this but encouraged to be independent and be aware of the importance of good hygiene when preparing and eating food.

Written by Wrap Around Care lead.

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Updated February 2022

Further Reviewed: July 2022.